



# Media Advisory

The U.S. Army Military District of Washington

*Guardians of the Nation's Capital*



**FOR IMMEDIATE RELEASE 18-60**

**DATE: October 5, 2018**

## 2018 Army Ten-Miler Race Day Schedule

**WASHINGTON** – The U.S. Army Military District of Washington announces the official race day schedule for the 34th Annual Army Ten-Miler scheduled for Sunday, Oct. 7. The Army Ten-Miler is the third largest 10-mile race in the world and attracts 35,000 military and civilian runners from around the globe annually.

The race course begins and ends at the Pentagon and runs through the Nation's Capital passing national treasures such as the Lincoln Memorial, Korean War Memorial, Martin Luther King, Jr. Memorial and the Washington Monument.

### RACE DAY SCHEDULE:

- 4 a.m. – 1 p.m. Free Express Shuttle service between Pentagon North and South Parking Lots
- 6 a.m. – 12:30 p.m. Clement Nedd Garment Check, located at Lower Bus Terminal - Pentagon Metro Station  
**NOTE:** ALL checked bags must be picked up by 12:30 p.m.
- 6:20 – 7:30 a.m. Wave 1-5 Runner Corral Access opens (**runners only**)
- 7:15 – 7:30 a.m. Golden Knights demonstration jump, start area  
The Golden Knights are one of the U.S. Army's elite Parachute teams
- 7:30 – 8:45 a.m. Wave 6-10 Runner Corral Access opens (**runners only**)
- 7:35 a.m. Invocation  
Chaplain (Colonel) Terry A. Austin, U.S. Army Military District of Washington
- 7:40 a.m. Presentation of Colors and the National Anthem  
3d U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band, "Pershing's Own"
- 7:50 a.m. Wounded Warrior and Wheelchair Athletes start
- 8 a.m. Race Begins  
**Wave 1** – 8 a.m., **Wave 2** - 8:05 a.m., **Wave 3** - 8:10 a.m., **Wave 4** – 8:17 a.m., **Wave 5** – 8:24 a.m.,  
**Wave 6** – 8:31 a.m., **Wave 7** – 8:38 a.m., **Wave 8** – 8:44 a.m., **Wave 9** – 8:50 a.m., and **Wave 10** – 8:56 a.m.
- 8 a.m. – noon Youth Zone activities, music, HOOAH and sponsor tents located in the North Pentagon Parking Lot
- 10:30 a.m. Individual Awards Ceremony: North Parking Lot – (Awards Stage)
- 10:45 a.m. Youth Run warm-ups (Youth Zone)
- 11:30 a.m. Team Awards Ceremony: North Parking Lot – (Awards Stage)
- 11:30 a.m. Youth Runs begins. 400m run for kids ages 4-10

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**EVENT NOTES:**

**Post-Race Festivities** – Celebrate with the Army Ten-Miler runners, staff and spectators in the Finish Area with live music by The U.S. Army Band Downrange.

**ATM Youth Zone** – The Youth Zone located in the North Pentagon Parking lot is filled with interactive and fun activities for the entire family. Meet Champ the Cheetah, the ATM Youth Zone Mascot, learn fire safety with Joint Base Myer-Henderson Hall Fire Department; and play on the big inflatables. All youth must be accompanied by a parent or legal guardian.

**HOOAH Tent Zone** – Army commands from around the world show their spirit, celebrate the race, and enjoy the post-race festivities in the HOOAH Tent Area. “Hank” the HOOAH Bird is awarded to the tent that best depicts their “HOOAH Spirit.”

**Spectators** – Free express shuttle runs between Pentagon North and South Lots. The best spectator locations include: the Finish Line, Key Bridge, Independence Avenue, Army Navy Drive and Eads Street close to the finish line.

**LATE RUNNERS:** The Army Ten-Miler will allow late runners to start in a slower wave without a time penalty. **NOTE:** Your official race time does not begin until you crossover the start line.

**TRANSPORTATION, DIRECTIONS, PARKING AND SECURITY:**

**Transportation – Washington Metropolitan Area Transit Authority (WMATA) Pentagon and Pentagon City stations – Blue/Yellow lines.** Metro will open at **7 a.m., Sunday, Oct. 7.** For more details about how to get to the race, visit [www.armytenmiler.com/race-day/arrive-depart/](http://www.armytenmiler.com/race-day/arrive-depart/).

**Directions to the start line** – From the **Pentagon Metro Station**, walk west toward the balloon arch on Route 110. From **Pentagon City Metro Station** and **Army Navy Drive**, use Fern Street or the I-395 pedestrian tunnel to get to the Pentagon South Parking Lot, pass through the security checkpoint and continue walking west toward the balloon arch on Route 110.

**Parking** – It is recommended for runners and spectators to take the Metrorail on race day. If you opt to drive, runners and spectators may park their vehicles for **FREE** at the following two locations: Pentagon Fashion Centre Parking Garage, 850 Army-Navy Drive beginning, 5 a.m., or the Crystal City Parking Garage, 1750 Crystal Drive beginning, 6 a.m. **NOTE:** If you should decide to rideshare or take a taxi, the recommended drop-off location should occur at the intersections of 12th and South Hayes St. located by the Pentagon Fashion Centre. **No race parking is allowed at the Pentagon.**

**Security** – Be advised that all runners, spectators and bags entering through the race access points are subject to search at all times. Delays may be encountered, so please allow at least 15 minutes to pass through security. **Only runners will be authorized entry to the start line with official Army Ten-Miler race bibs.**

**PROHIBITED ITEMS (race course and Pentagon):** **No backpacks** (of any type/size); edged weapons/cutting devices; any form of firearm; any explosive/flammable/combustible items, materials or devices; aerosol sprays (pepper or mace); pets/animals (except service and assistance canines); glass containers or bottles; coolers of any size; roller blades and any vulgar or obscene flags/banners/signs or clothing/attire.

**Additional prohibited items (race course):** video and audio devices (CD or DVD players, MP3 players/ iPods, cameras, etc.), strollers or baby-joggers; inline or quad roller skates; skateboards; or bicycles.

**AUTHORIZED ITEMS (race course and Pentagon):** fanny packs; mobile phones; personal digital assistants (PDAs); heart rate or pace monitors; watches (to include GPS or Pace); small medical kits; gel packs; water bottles, water belts; and standalone hydration systems.

**Additional authorized items (Pentagon):** bicycles (must be walked); service and assistance canines; video and audio devices (CD or DVD players, MP3 players/ iPods, cameras, etc.), and strollers.

**EMERGENCY ALERT SYSTEM:** Runners and spectators can subscribe to receive emergency alerts and advisories related to the 34th Annual Army Ten-Miler through the U.S. Park Police emergency alert system. Simply text ARMYTEN to 888777. Standard text messaging rates may apply. **See something, say something – report suspicious activities by calling 703-695-3120.**

For more information about the Army Ten-Miler visit [www.armytenmiler.com](http://www.armytenmiler.com). Media interested in covering the Army Ten-Miler may contact the U.S. Army Military District of Washington Public Affairs Office by calling Shaunteh Kelly: 202-497-2011 or Lauren Poindexter: 202-839-1573.